



LVET Learning and Development

Our Shared Agreement

July 2025



Join the movement and let's make
our best lives together!

Our Shared Agreement - The 5 Foundations

Foundation 1

Being prepared to do things differently

Together we:

- Are open to change and acknowledge it will take time
- Have patience, and learn by doing
- Have and give permission to do things differently

Foundation 2

Understanding what matters to ourselves and each other

Together we:

- Offer a safe and non-judgemental environment for you to be open and honest and to be ourselves
- Embrace and value differences and implement this in a person-centred way
- Make no decisions about you without you

Foundation 3

Working together for the wellbeing of everyone

Together we:

- Walk alongside you instead of leading you by asking people, carers and all involved in their care, what their goals are and how we will achieve them together
- See the wellbeing of staff as equally important

Foundation 4

Conversations with and not about people

Together we:

- Recognise the importance of active listening and having time to make choices
- Do what we say we will do in an environment of openness and honesty
- Offer information, knowledge and skills

Foundation 5

Making the most of what we have available to us

Together we:

- Are honest about what is and isn't available
- Recognise our own strengths and opportunities
- Recognise support starts with the individual, family and community
- Actively support communities to best manage their health and wellbeing



Relationships

IT'S ALL ABOUT PEOPLE

Our Shared Agreement

How did we get here....

Our Shared Agreement

We have an idea! What if our health and care systems had a new relationship with the people of Lincolnshire?

We are initially inviting people with lived-experience who are already part of a co-production group in Lincolnshire to express an interest in working with us to explore, shape and build this idea further.

If you are interested in working with us please contact vicky.thomson@every-one.org.uk



TOGETHER WE WILL...

- RESPECT**
CULTURAL CONSIDERATION
WE WILL EMBRACE + VALUE DIFFERENCES AND INVITE THESE IN A PERSON CENTRED WAY
- EMPOWERMENT**
WE WILL MAKE NO DECISIONS ABOUT YOU WITHOUT YOU
WE WILL DO WHAT WE SAY WE WILL
- TRUST**
WE WILL PAY ATTENTION TO OURSELVES + OTHERS NEEDS
WE WILL SUPPORT YOU TO FEEL CONNECTED IN YOUR COMMUNITY
- WE WILL VALUE YOU AS AN EXPERT OF YOUR OWN EXPERIENCE**
- WE WILL ENCOURAGE YOU TO TAKE THE LEAD - ENSURING YOU HAVE THE TOOLS TO HELP YOU**
- WE WILL MAKE SURE EVERYTHING IN OUR CARE IS INFORMED BY YOUR NEEDS + GOALS**

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NHS Confederation

No wrong door

A vision for mental health, learning disabilities and autism services in 2030

Commissioned 2022
Andy Parkes
Vicky Bell

PERSONAL STATEMENTS

TRUST
I WANT TO BE TRUSTED
I WANT TO BE TRUSTED
I WANT TO BE TRUSTED

CHOICE
I WOULD LIKE TO BE LISTENED TO
I WOULD LIKE TO BE LISTENED TO
I WOULD LIKE TO BE LISTENED TO

PERSONS
I WANT TO BE LISTENED TO
I WANT TO BE LISTENED TO
I WANT TO BE LISTENED TO

EXPERIENCE
I WANT TO BE LISTENED TO
I WANT TO BE LISTENED TO
I WANT TO BE LISTENED TO

PRACTITIONERS
I WANT TO BE LISTENED TO
I WANT TO BE LISTENED TO
I WANT TO BE LISTENED TO

LOCALITY MH TEAMS
I WANT TO BE LISTENED TO
I WANT TO BE LISTENED TO
I WANT TO BE LISTENED TO

VISION

I SAID CHANGE NOT CHANGE!

TO CREATE MEANINGFUL CHANGE

REALISATION



NORMS + PRINCIPLES

- SELFLESSNESS
- INTEGRITY
- OBJECTIVITY
- ACCOUNTABILITY
- OPENNESS
- HONESTY
- LEADERSHIP

MISSION STATEMENT

"It's All About People"

Wherever you are
Whenever you are
If you have a disability
We will be there for you

PRINCIPLES - 'a new relationship'

- Respect
- Empowerment
- Trust
- Collaboration
- Accountability
- Openness
- Honesty
- Leadership

HOW WE GET THE MESSAGE OUT

- BE ACTIVE
- CONNECT



**Theme 1:
A new relationship with the public**

Together with the people of Lincolnshire, we have a shared view on what the best wellbeing, care and support for individuals and collectively as a community looks like.

At its core, Our Shared Agreement is a partnership between health, care, community, education, personal and social care, and the voluntary sector.

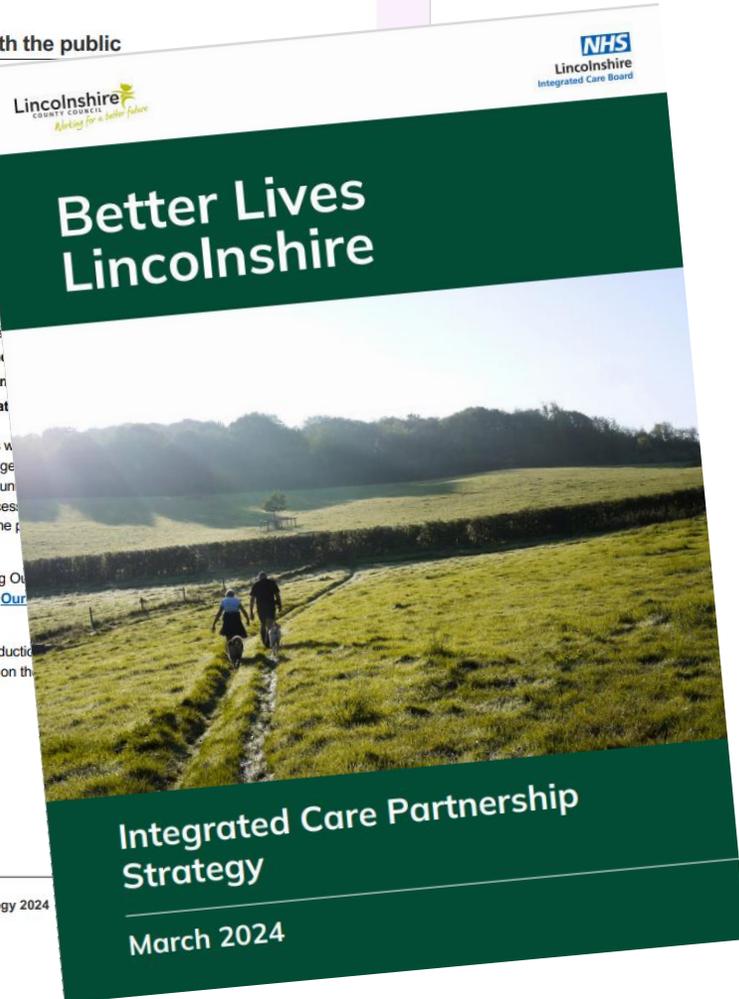
Our Shared Agreement, and the way we work with Lincolnshire people and have important to them.

1. Being prepared to do things differently
2. Understanding what matters to ourselves and each other
3. Working together for the wellbeing of everyone
4. Conversation with and not about people
5. Making the most of what we have available to us

It is important that we then use this vision together, continue to develop stronger relationships with carers, volunteers, staff and community groups, and the development, delivery, and access to services. This will be achieved by applying the principles of partnership and engagement.

For examples of how we're bringing Our Shared Agreement to life, visit the [Our People](#) website.

For more information about co-producing services, visit [Co-producing services together](#) on the [Our People](#) website.



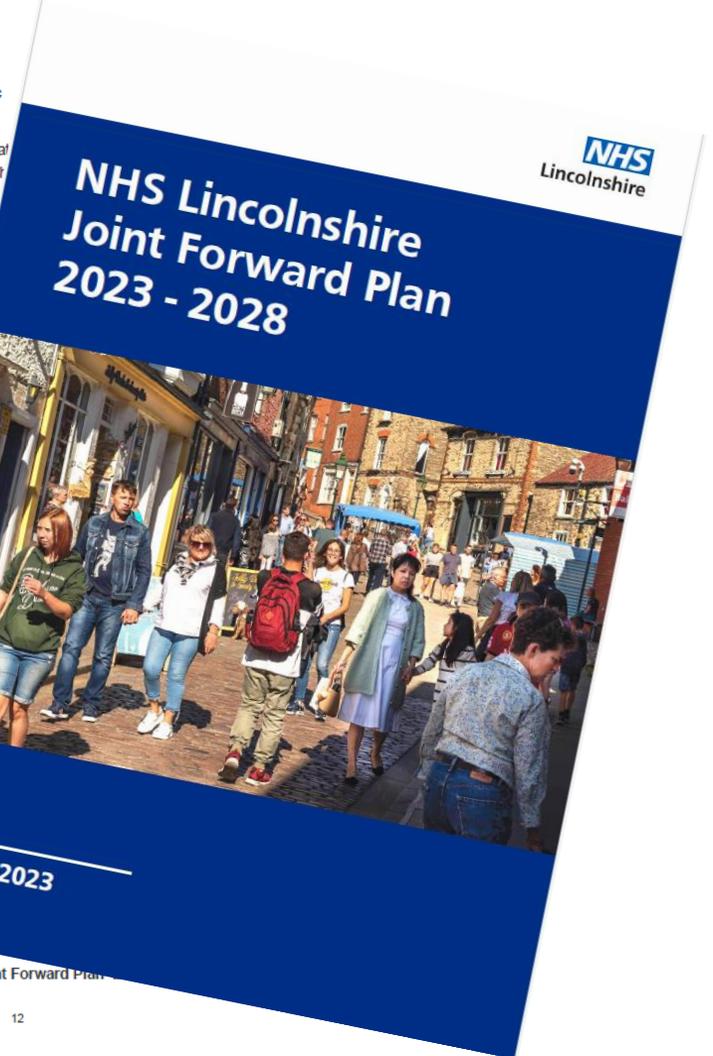
Our strategy

A new relationship with the public

At the heart of our strategy is the recognition that the public. Together with the people of Lincolnshire, we have a shared view on what the best wellbeing, care and support for individuals and collectively as a community looks like. This will describe the foundations of a new relationship with the public.

An initial description of these foundations, that we have agreed with the public from Lincolnshire, is set out below.

- 
Being prepared to do things differently
 - Be open
 - Have patience
 - Have a long-term view
- 
Understanding what matters to ourselves and each other
 - Offer support
 - Empower people
 - Make a difference
- 
Working together for the wellbeing of everyone
 - Share resources
 - Work together
 - Support each other
- 
Conversations with and not about people
 - Listen to people
 - Engage with people
 - Support people
- 
Making the most of what we have available to us
 - Be open
 - Have patience
 - Have a long-term view



Making the links

NHS 10 Year Plan

- **The three shifts**
 - **From Sickness to Prevention:**
 - People to be at the centre of decision making, not passive recipients of care.
 - Focusing on proactive and early intervention.
 - Promoting wellness
 - **From Hospital to Community**
 - Local relationships which are shared and mutual
 - Neighbourhood Health and communities
 - Integration and collaboration
 - **From Analogue to Digital**
 - Promoting self-care and self-management
 - Improving productivity
- **Two main enablers**
 - **Personalised and empowered care**
 - Co – production as a system default.
 - **System reform and inclusion**
 - Culture change, radical transparency and co-design with local communities and underserved groups.

Our Shared Agreement

- Building stronger relationships with between people, communities and the health and care system.
- Having conversations with and not about people
- Understanding what matters to ourselves and each other.
- Helping people build their skills, knowledge and confidence to manage their own health and wellbeing.
- Co –design and co – production
- Working together for the wellbeing of everyone through communities and neighbourhoods.
- Encouraging people and communities to make the most of what's available to them.
- Finding strength in ourselves, others and communities.
- Encouraging people and teams to be prepared to do things differently such as use of Technology Enabled Care.

OSA is Lincolnshire's Social Movement for system change which clearly aligns with the language of the NHS 10-year Plan.

Foundation 1 – Being prepared to do things differently

This means that together we:

- Are open to change and acknowledge it will take time.
- Have patience and learn by doing.
- Have and give permission to do things differently

Foundation 2 – Understanding what matters to ourselves and each other

This means that together we:

- Offer a safe non-judgmental environment for people to be open and honest and to be ourselves
- Embrace and value differences and implement this in a person-centred way
- Make no decisions about you without you

Foundation 3 – Working together for the wellbeing of everyone

This means that together we:

- Walk alongside people instead of leading people - by asking people using services, carers, and all involved in their care what their goals are and how we will achieve them together
- See the wellbeing of staff as equally important

Foundation 4 - Conversations with and not about people

This means that together we:

- Recognise the importance of active listening and having time to make choices
- Do what we say we will do, in an environment of openness and honesty
- Offer information, knowledge, and skills

Foundation 5 - Making the most of what we have available to us

This means that together we:

- Are honest about what is and isn't available.
- Recognise our own strengths and opportunities.
- Recognise support starts with the individual, family and community.
- Actively support communities to best manage their health and wellbeing

Foundation 1:
Being prepared to
do things differently



Bill's story
Working with a
**Social Prescribing
Link Worker**
reconnected Bill
with his community.

CLICK HERE

to read Bill's story and see how
Foundation 1 is being brought
to life in Lincolnshire

Foundation 2:
Understanding what
matters to ourselves
and each other



Fran's story
Finding out what
matters to Fran
was key to creating
a personalised plan
to support her.

CLICK HERE

to read Fran's story and see
how **Foundation 2** is being
brought to life in Lincolnshire

Foundation 3:
Working together
for the wellbeing
of everyone



Alina's story
**Services worked
together with Alina**
to ensure her journey
to self-care was
supported.

CLICK HERE

to read Alina's story and see
how **Foundation 3** is being
brought to life in Lincolnshire

Foundation 4:
Conversations with
and not about people



Beth's story
Beth used **her lived
experience** of caring
for her Mum to help
to improve services
for other carers.

CLICK HERE

to read Beth's story and see
how **Foundation 4** is being
brought to life in Lincolnshire

Foundation 5:
Making the most
of what we have
available to us



Peter's story
Joining a **local
Men's Shed** helped
Peter to tackle his
physical and mental
health challenges.

CLICK HERE

to read Peter's story and see
how **Foundation 5** is being
brought to life in Lincolnshire

Bringing Our Shared Agreement to life

My Life, My Way By Katie



"Even though I am a wheelchair user and need 24-hour support, the **Our**

Foundation 5 - Making the most of what we have available to us

Even though I need 24-hour support, all the equipment and staff training has meant that I can go out for rides not only with my mum but also with staff who support me. This means I can go out on my trike more often than I could if my mum was the only person who could take me.

Without the 5 Foundations my life would be dramatically restricted

My support company worked with my Mum, the NHS and Social Services to get appropriate equipment to help me get onto and off the trike safely and easily. This meant my physical well-being was improved as well as my mental health.

Foundation 4 - Conversations with and not about people

I was involved in all the meetings that led to choosing appropriate equipment, and how it should be used.

Foundation 5 - Making the most of what we have available to us

Even though I need 24-hour support, all the equipment and staff training has meant that I can go out for rides not only with my mum but also with staff who support me. This means I can go out on my trike more often than I could if my mum was the only person who could take me.

Without the 5 Foundations my life would be dramatically restricted

Help us build the momentum

Induction video

Workforce roadshows



Our Shared Agreement Champions

Community conversations

How will you embed Our Shared Agreement into the way you work?

www.itsallaboutpeople.info/our-shared-agreement-2

Share your stories and experiences...